



The
Assisted
Living
Guide

for
Union County

A Public Service from the
Elder Law Firm of Marshall, Parker & Associates, LLC

Jersey Shore ♦ Williamsport ♦ Wilkes-Barre

1-800-401-4552

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An Introduction to the *Assisted Living Guide*

Today's seniors can look forward to living longer, healthier, and more independent lives. But at some point in our lives many of us may begin to need some help with the activities of daily living. Most people who need a little assistance continue to live at home. But sometimes, the support and supervision required is just more than the family can provide.

Until recent years, seniors who could no longer live safely at home had few choices of care settings. The main option to home care was placement in a skilled nursing facility. Fortunately, this is no longer the case. Today there are a number of housing alternatives that can offer seniors the chance to get the assistance they need in a supervised residential setting that is more comfortable and homelike than a nursing facility. This can enhance quality of life and allow the senior to retain as much independence as possible.

"The purpose of this Assisted Living Guide is to help seniors and their families understand their choices"

These new residential options include various types of personal care homes and assisted living facilities. In addition to providing housing, they also provide meals, personal care services and supportive services to older persons who are no longer able to live at home. Personal care homes and assisted living facilities may be appropriate options for those who need assistance with activities of daily living, but do not require continuous nursing care.

The purpose of this Assisted Living Guide is to help seniors and their families understand their choices when they are considering assisted living as an option. The

"Today there are a number of housing alternatives that can offer seniors the chance to get the assistance they need."

Guide contains a listing of the assisted living facilities in the county along with some important basic information on each. It was prepared by the staff of the Elder Law Firm of Marshall, Parker & Associates to help our clients decide which residential options may work best for them. We are happy to share it with the community at large and we hope it will help you.

For over 20 years Marshall, Parker & Associates has helped Pennsylvania seniors understand their choices and make the right decisions about long term care. Call us if you have questions about Medicaid, Medicare, home care

options, estate recovery, or any of the many other complicated issues that confront a family when a loved one needs long term care. We provide that extra knowledge, experience, service, and compassion that can make all the difference in the world in helping you achieve your goals.

In our Guide, we have included facilities of all shapes and sizes - from the small, family-operated personal care home to the large national chain assisted living facility. We have tried our best to make the listings as accurate and up to date as possible. But the reader should understand that inaccuracies are possible and that facilities change their policies, costs, and services from time to time. A copy of this Guide is available on our website at **www.paelderlaw.com**. When we receive updated information it will be available online first, so you may want to visit our website for the most current information.

If you are the administrator of an assisted living facility and you would like to update your information, or if you have any questions or comments about the Guide, please e-mail Melissa at mbottorf@paelderlaw.com or call her at 570-321-9008.

At-A-Glance Comparison Chart

for

Union County, PA

2006	Monthly Cost Range	Accept SSI Payments?*	Is Nursing Staff Available?	Secured Alzheimer's Unit Available?
<u>Country Comfort</u> 10546 River Road New Columbia, PA 17856 570-568-1090	\$1380	YES	NO	NO
<u>Outlook Pointe</u> 2421 Old Turnpike Road Lewisburg, PA 17837 570-524-7999	\$1245-\$2800	YES	YES	NO
<u>RhodesMere</u> 235 Fairground Road Lewisburg, PA 17837 570-524-4451 www.diakon.org/buffalovalley	\$2940-\$4800	NO	YES	NO
<u>RiverWoods Assisted Living (Riverview Manor)</u> 3201 River Road Lewisburg, PA 17837 570-522-1909	\$1500-\$4440	YES	YES	NO

** Each facility has different rules and regulations regarding residents receiving SSI payments. For more information, please see the facility's detailed description below.*

Country Comfort Assisted Living

10546 River Road
New Columbia, PA 17856
570-568-1090
Last Visited: 4-13-05

General Information:

Country Comfort Assisted Living has been in operation since 1997. They are a licensed, for-profit facility with 20 private rooms.

Residents are permitted to bring their own furnishings, but no pets are allowed. All bathrooms are also private. Cooking is not permitted in rooms.

Services:

If a resident needs physical, occupational or speech therapy, it is available through Keystone Therapy in Milton, Pennsylvania or a resident can be referred elsewhere.

Country Comfort Assisted Living offers day and evening activities such as exercise, Bible study, socials, parties, and music. Residents can also have guests dine with them. Residents may choose their own pharmacy.

Administrative:

At Country Comfort Assisted Living, there is a \$75 non-refundable admission fee. There are no extra costs if the level of care increases. However, if a resident wanders, is completely incontinent, or can no longer assist with Activities of Daily Living (ADLs), they will need to move. Country Comfort Assisted Living accepts SSI/State Supplement payments for 10 of its beds.

Included in the monthly fee are room, board, meals, laundry two times weekly, and cleaning one time per week. The monthly rate for a private room is \$1380.

What Country Comfort Assisted Living Wants You to Know:

Country Comfort Assisted Living is a privately-owned 20-bed facility. At Country Comfort we strive to provide a respectable, dignified, and independent environment featuring private accommodations for all persons in need of assistance in their activities of daily living. Our meals are great and our staff is wonderful at giving everyone the personal attention they need. Our home atmosphere has often been described as "cozy" and visitors are always welcome. So please take a few minutes and stop to personally meet our staff and experience the atmosphere for yourself.

Outlook Pointe

2421 Old Turnpike Road

Lewisburg, PA 17837

570-524-7999

Last Visited : 4-13-05

General Information:

Outlook Pointe has been in operation for six years. It is a for-profit facility that has 45 beds that are private, semi-private, or three bedroom. There are three sizes of rooms including studio apartments. Each room at Outlook Pointe is equipped with its own bath, while some private rooms also have a shower. Residents are permitted to bring their own furnishings and birds are allowed. Although residents are not permitted to cook in their room, a microwave can be used. Internet access is also available, if desired.

Services:

Outlook Pointe offers Respite Care and Adult Day Care if room is available. If a resident requires physical, occupational or speech therapy, it is available through Keystone Therapy in Milton and transportation is provided.

Residents have many choices of group activities including bingo, exercise, and games. The facility schedules trips and outings to local events and programs. Transportation to doctor's appointments and shopping is also available for a fee of \$10 per month for up to 30 trips. Religious services are held on the premises.

Residents can have guests dine with them. If a special event or meal is planned, a resident can request a recreation room to accommodate any guests.

Administrative:

Outlook Pointe is a licensed, for-profit facility owned by Balanced Care Corporation out of Mechanicsburg. There is a non-refundable entry fee for Outlook Pointe which is the first month's rent. Included in the monthly fee are meals, housekeeping, room, board, and personal care. Laundry, phone, cable, and transportation are all extra services.

Residents are evaluated every three months to determine if they need moved to a skilled nursing facility. Residents must be able to feed themselves, participate in their care, and not wander.

If a situation arises and a resident can no longer make full payments and assets are below \$2000, SSI/State Supplemental Payments are taken as full payment, but residents must live or be moved to a three bed room.

What Outlook Pointe Assisted Living Wants You to Know:

At Outlook Pointe we are dedicated to making each resident's life meaningful and worry free. Whether your stay is permanent or temporary, you will feel safe and secure in our homelike environment. We provide a healthy lifestyle for our residents and offer you peace of mind knowing your loved ones are well taken care of in a comfortable community.

RhodesMere

235 Fairground Road

Lewisburg, PA 17837

570-524-4451

www.diakon.org/buffalovalley

Last Visited: 4-12-05

General Information:

RhodesMere Assisted Living is a non-profit facility that is part of Buffalo Valley Lutheran Village. It has been in operation for fourteen years. Rhodesmere has 40 private rooms, including studio and alcove apartments. Each room is equipped with its own bathroom. Residents are permitted to bring their own furnishings and a cat or dog, if desired. Internet access is also available.

Services:

Residents of RhodesMere who need physical, occupational or speech therapy can do so with the therapist from Buffalo Valley Lutheran Village's Nursing Care Center.

A wide variety of group activities are offered to residents including socials, bingo, games, and exercise. Religious services are held on the premises.

Transportation is provided to doctor's appointments and for shopping. Residents may have guests eat with them and a private dining area is available for special occasions and parties.

Residents are permitted to choose their own doctor and pharmacy. Nursing staff is also available 24 hours per day.

Administrative:

RhodesMere is a non-profit facility managed by Diakon. No deposits or entry fees are required for residents. The monthly cost range is \$98-\$160 per day and includes room, board, laundry, meals, all utilities, transportation, medical monitoring, and priority placement in the Nursing Care Center. If a resident's level of care needs increase, RhodesMere does charge \$20 per day extra for Enhanced Assisted Living.

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If it becomes apparent that a resident needs extra care, it is recommended that they move to a facility where more skilled care can be provided. A health assessment is completed prior to this move.

Riverwoods Assisted Living (Riverview Manor)

3201 River Road
Lewisburg, PA 17837
570-522-1909
Last Visited: 4-13-05

General Information:

Riverwoods Senior Living Community is a non-profit facility and has been in operation for 90 years. The Assisted Living Facility called Riverview Manor, has 46 private rooms, 16 two-bedroom apartments, and 4 semi-private rooms and is licensed for 100 beds.

Each room has its own private full bathroom. Also, kitchenettes are in each room. Internet access is available in the residents' rooms and also in the library. Residents are permitted to bring their own furnishings, but furniture is provided for them. Pets are not permitted, but may come and visit.

Services:

If a resident needs physical, occupational or speech therapy, it is available through RiverWoods Nursing Care Center on an outpatient basis. Transportation is provided at no additional fee. Respite is offered if a room is available.

RiverWoods has an indoor pool where swimming classes are offered for residents. There is also a gym for residents to use. Scheduled trips are also offered. Transportation is also available to residents to church, for shopping, and to the bank at no charge. Guests may eat with residents and a private dining area is available for special events.

Nurse aides are available 24 hours a day and 7 days a week. Residents are also permitted to choose their own doctor and pharmacy, although medications must be individually packaged.

Administrative:

RiverWoods Assisted Living is fully licensed and is managed by Albright Care Services. There are no entry fees, but a deposit is required. If a resident needs more care than can be provided, the staff will make a recommendation to move the resident to another facility. The resident must be able to ambulate and not be in a wheelchair. They also have a preferred referral discharge agreement with RiverWoods Nursing Center.

SSI/State Supplemental Payments are accepted for 100 beds. Residents must pay for 3 years privately in order to be qualified to pay with SSI. Each application is reviewed by a committee on an individual basis.

What Riverwoods Assisted Living (Riverview Manor) Wants You to Know:

Riverwoods Assisted Living, called Riverview Manor, is owned and operated by Albright Care Services. Riverview Manor is on the campus of RiverWoods, which is a Senior Living Community located in Lewisburg. The facility is "non-profit" and licensed as a Personal Care Home for 100 beds. Riverview Manor is a one-story building with 66 apartments. There are one and two room private apartments as well as semi-private apartments. All apartments have kitchenettes and private baths, they are also connected to the emergency call system.

Being located on the campus of RiverWoods gives our residents access to the Nursing Care Center for therapy services such as physical, occupational, and speech. These services can be provided on an outpatient basis or if the resident needs in-house therapy, the Rehabilitation unit is available. The residents living in our facility have access to the Fitness Room, Indoor Swimming Pool, and Massage Therapy as well.

Riverview Manor offers three levels of Assisted Living depending on the needs of the resident. The cost ranges from \$51 per day to \$71 per day for a semi-private room, \$71 per day to \$100 per day for a private room, and \$101 per day to \$148 per day for a two-room apartment. If the physician determines a higher level of care is necessary, a bed in the Nursing Care Center is made available to the resident.

The many amenities available to our residents makes Riverview Manor stand out as an Assisted Living Facility. All resident meals are served in the Restaurant where the residents order off a menu with a choice of entrees, side dishes and desserts.