



The
Assisted
Living
Guide
for
Clinton County

A Public Service from the
Elder Law Firm of Marshall & Associates
Jersey Shore ♦ Williamsport ♦ Wilkes-Barre
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An Introduction to the *Assisted Living Guide*

Today's seniors can look forward to living longer, healthier, and more independent lives. But at some point in our lives many of us may begin to need some help with the activities of daily living. Most people who need a little assistance continue to live at home. But sometimes, the support and supervision required is just more than the family can provide.

Until recent years, seniors who could no longer live safely at home had few choices of care settings. The main option to home care was placement in a skilled nursing facility. Fortunately, this is no longer the case. Today there are a number of housing alternatives that can offer seniors the chance to get the assistance they need in a supervised residential setting that is more comfortable and homelike than a nursing facility. This can enhance quality of life and allow the senior to retain as much independence as possible.

"The purpose of this Assisted Living Guide is to help seniors and their families understand their choices"

These new residential options include various types of personal care homes and assisted living facilities. In addition to providing housing, they also provide meals, personal care services and supportive services to older persons who are no longer able to live at home. Personal care homes and assisted living facilities may be appropriate options for those who need assistance with activities of daily living, but do not require continuous nursing care.

The purpose of this Assisted Living Guide is to help seniors and their families understand their choices when they are considering assisted living as an option. The

"Today there are a number of housing alternatives that can offer seniors the chance to get the assistance they need."

Guide contains a listing of the assisted living facilities in the county along with some important basic information on each. It was prepared by the staff of the Elder Law Firm of Marshall & Associates to help our clients decide which residential options may work best for them. We are happy to share it with the community at large and we hope it will help you.

For over 20 years Marshall & Associates has helped Pennsylvania seniors understand their choices and make the right decisions about long term care. Call us if you have questions about Medicaid, Medicare, home care options, estate recovery, or any of the many other complicated

issues that confront a family when a loved one needs long term care. We provide that extra knowledge, experience, service, and compassion that can make all the difference in the world in helping you achieve your goals.

In our Guide, we have included facilities of all shapes and sizes - from the small, family-operated personal care home to the large national chain assisted living facility. We have tried our best to make the listings as accurate and up to date as possible. But the reader should understand that inaccuracies are possible and that facilities change their policies, costs, and services from time to time. A copy of this Guide is available on our website at www.paelderlaw.com. When we receive updated information it will be available online first, so you may want to visit our website for the most current information.

If you are the administrator of an assisted living facility and you would like to update your information, or if you have any questions or comments about the Guide, please e-mail Melissa at mbottorf@paelderlaw.com or call her at 570-321-9008.

At-A-Glance Comparison Chart

for
Clinton County, PA

2004-2005	Monthly Cost Range	Accept SSI Payments?	Is Nursing Staff Available?	Secured Alzheimer's Unit Available?
<u>Fulmer's Personal Care Home</u> 201 Woodward Avenue Lock Haven, PA 17745 570-748-1829	\$918-\$2495	YES	YES	NO
<u>Heartland Personal Care Home</u> 46 Elementary Lane, Box 210 Woolrich, PA 17779 570-769-6007	\$1950-\$2550	NO	YES	NO
<u>Nightengales Personal Care Home</u> 130 Country Club Lane Mill Hall, PA 17751 570-748-0650	\$2400-\$2850	NO	YES	NO
<u>Oakridge Personal Care Home</u> 2997 Renovo Road Mill Hall, PA 17751 570-748-3162	\$1950 <i>(semi-private)</i>	NO	YES	NO

Fulmer's Personal Care Home

201 Woodward Avenue
Lock Haven, PA 17745
570-748-1829
Last Visited: 11-9-04

General Information:

Fulmer's Personal Care Home has been in operation in Clinton County since 1992. The facility is "for-profit" and licensed as a Personal Care Home for 89 residents. There are 33 rooms at Fulmer's, most with a private bathroom.

Residents may choose to bring their own furnishings or they can be supplied. Internet access is also available for any resident who would like to bring a computer. As a general rule, pets are discouraged, but in some circumstances, it can be considered. They also welcome any family and guests who would like to join residents at mealtime. Weekly group activities are offered and include bingo, shopping, special music and programs. Religious services are also held on premises weekly.

Services:

If therapy is required (such as physical, occupation or speech), a home health agency will provide the services. Transportation to doctors or shopping is available for a fee. At Fulmer's, residents can choose their own doctor and pharmacy, providing the pharmacy or a family member will deliver the medications. An LPN is also on staff at Fulmer's.

Administrative:

A resident's doctor usually decides if a higher level of care is required. In some instances, a staff member may feel more care is appropriate and will then talk to the resident's doctor. A monthly cost for a private room is \$2495, a semi-private room is \$1792. There are no deposits or entry fees required. Monthly fees include all services but television, medications, call button, incontinent needs, beauty perms or special transportation.

If funds are depleted and full payments can no longer be made, residents are permitted to stay at Fulmer's.

What Fulmer's Wants You to Know:

Fulmer's Personal Care Home has been a family owned and operated business for 20 years. We have the "special touch" that is needed when relating to the needs of seniors. You will not find the love and care shown by our staff in any other assisted living facility in the area. We don't determine if potential residents have enough funds to live at our facility, they get to choose our

personal care home. We believe all residents deserve a clean, comfortable, and caring personal care home regardless of their income. Our facility is special because our clients make it special.

Heartland Personal Care Home

46 Elementary Lane
Box 210
Woolrich, PA 17779
570-769-6007
Last Visited: 10-12-04

General Information:

Heartland Personal Care Home has been in operation since 1998 and moved from Lock Haven to its current location in 2002. It is a “for-profit” facility and is licensed as an Assisted Living Facility. Currently, Heartland offers 12 private and semi-private rooms with private baths. They are also in the process of adding more resident rooms, a patio and sunroom to the facility.

Residents may choose to bring their own furnishings or they can be supplied. There is also a house dog and cat. They also welcome any family and guests who would like to join residents at mealtime. Heartland has an organized activities program that includes outings, baking, and visits from many different local church groups.

Services:

Heartland offers respite and adult day care services. If therapy is required for residents (such as physical, occupation or speech), a home health agency comes in to provide the services. Transportation is available through the STEP bus, family members or the Heartland mini-bus for a fee.

At Heartland, residents can choose their own doctor and nursing staff is available 24 hours a day, 7 days a week.

Administrative:

Heartland offers three different levels of care and the staff is primarily responsible for determining if a higher level is needed. For the first level of care, the cost of a semi-private room is \$65 a day and \$85 for a private room. For the second level of care, the cost increases by 20% of the base rate and 30% if it's determined that the third level of care is required. There are no deposits or entry fees. Monthly fees include 3 meals and 3 snacks per day. Items not included in the fee are telephone, television and undergarments.

If funds are depleted and full payments can no longer be made, a resident's family can supplement the costs.

What Heartland Wants You to Know:

Heartland, located in the midst of a bubbling creek and beautiful Woolrich mountain side, is a family-owned and operated assisted living facility. We have a family atmosphere, including 3 home cooked meals each day and plenty of activities to keep residents busy. The state-of-the-art facility (which will be expanding) is owned and operated by Judy Bailey, LPN and her two daughters, Christina Shearer and Sherrie Connelley.

Nightengales Personal Care Home

130 Country Club Lane

Mill Hall, PA 17751

570-748-0650

Last Visited: 11-17-04

General Information:

Nightengales Personal Care Home has been in operation for four years. They are licensed as a Personal Care Home for 8 residents. Five rooms are available with 1 private bath and a bathroom on each floor.

All residents are supplied with a bed, dresser and nightstand. They may bring any other furnishings they would like. There is also a house cat and other pets would be considered on a case-by-case basis. They welcome any family and guests who would like to join residents at mealtime. They offer an organized activities program that includes games, crafts, exercises, and trips. Weekly religious services are also held on the premises.

Services:

Nightengales offers respite care for \$10 an hour or \$65 a day. If therapy is required for residents (such as physical, occupation or speech), a home health agency comes in to provide the services.

At Nightengales, residents can choose their own doctor and a nurse or nurse assistant is available 24 hours a day.

Administrative:

The cost per day ranges between \$80 and \$95. They offer three levels of care for their residents, but there is usually no additional charge unless the care levels are significant. There are no deposits or entry fees. Monthly fees include everything the resident may need.

If funds are depleted and full payments can no longer be made, residents are sometimes discharged to another facility, but are always invited to holiday events and outings.

What Nightengales Wants You to Know:

At Nightengales, we believe that the quality of life shouldn't be comprised once you enter your golden years. At Nightengales, with our committed staff, the elegant setting and fine furnishings, our residents feel like they are at home, not in one. We pride ourselves in great services and we offer our residents: monthly health checks, individual care plans, laundry and linen service, weekly housekeeping, medication supervision, transportation via limousine and much, much more. Our mission is to deliver the finest quality of service in a small family setting. We will provide a healthy lifestyle for our residents and offer you peace of mind knowing your loved one is well taken care of in a secure, comfortable community.

Oakridge Personal Care Home

2997 Renovo Road
Mill Hall, PA 17751
570-748-3162
Last Visited: 11-9-04

General Information:

Oakridge, a licensed Personal Care Home, operates "for profit." They have 27 private and semi-private rooms, all with individual bathrooms.

Residents may bring their own furnishings if they desire. Pet fish are allowed in resident rooms and the facility houses horses on site. They also welcome any family and guests who would like to join residents at mealtime. They offer an organized activities program that includes a daily exercise program, crafts, bingo and church services. They also organize shopping trips, picnics, outings to the Millbrook Playhouse and Bible study on Mondays.

Services:

Oakridge offers respite care, adult day care and Alzheimer's patients (if they meet certain guidelines). If therapy is required for residents (such as physical, occupation or speech), a home health agency comes in to provide the services. A daily exercise program is also offered to residents.

At Oakridge, residents can choose their own doctor. An RN or LPN is available between 8:00AM-5:00PM and nurse assistants are available on other shifts.

Administrative:

The cost per day is \$65 for a semi-private room. They also conduct yearly assessments and consult with a doctor to determine if a higher level of care is needed. There are no deposits or entry fees, they only ask to be given 30 days notice before moving.

If funds are depleted and full payments can no longer be made, residents can use their SSI payments towards the cost of care and stay in the facility.

What Oakridge Personal Care Home Wants You to Know:

Oakridge Personal Care Home is a family-owned and operated facility. Peggy Young, RN and her daughter, Krista Thompson, LPN, are the Administrators of the 27-bed facility which began offering an alternative to conventional nursing home care in 1993. Oakridge is nestled among the majestic mountains of Central Pennsylvania, just 5 ½ miles from Lock Haven University along State Route 120. At Oakridge, each resident is given personal attention, assistance and most of all, love. Residents are not just part of a community, but a part of our family.